

Saalbelegung TSZ Delmenhorst

Achtung!!!!
Sonderbelegung hat Vorrang

Zeit	Mo			Zeit	Di				Zeit	Mi			
	Saal 1	Saal 2	Saal 3		Saal 1	Saal 2	Saal 3	Saal 4		Saal 1	Saal 2	Saal 3	Saal 4
09:00				09:00					09:00				
09:30				09:30					09:30				
10:00			Yoga	10:00					10:00				
10:30			VHS	10:30					10:30				
11:00			10:00-11:30	11:00					11:00				
11:30				11:30					11:30				
12:00				12:00					12:00				
12:30				12:30					12:30				
13:00				13:00					13:00				
13:30				13:30					13:30				
14:00				14:00					14:00				
14:30				14:30					14:30	Freies			
15:00				15:00					15:00	Training			
15:30				15:30					15:30				
16:00				16:00					16:00				
16:30	Freies			16:30	Freies	Hip-Hop (LS)			16:30				
17:00	Training			17:00	Training	8 - 11 Jahre	Zumba Kids		17:00		K-Pop (BS)		
17:30				17:30		16:00-17:30	Daniela		17:30		6 - 11 Jahre		
18:00		Latein solo	Ballett	18:00		12 - ? Jahre		Breakdance	18:00		17:30-18:30	Ballett	Discofox
18:30		Emi	Böttger	18:30		17:30-19:00		Ramon	18:30		12 - ? Jahre	Böttger	Anke & Sven
19:00		18:00-19:00	17:45-18:45	19:00		Dana		17:30-19:30	19:00	Breitensport	18:30-19:30	17:45-18:45	17:30-18:30
19:30			Zumba	19:30					19:30	Bonk	Eenyung		
20:00			Daniela	20:00					20:00	19:00-20:00			
20:30			19:00-20:00	20:30					20:30				
21:00				21:00					21:00				
21:30				21:30					21:30				
22:00				22:00					22:00				

LS = Leistungssport

BS = Breitensport

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Zeit	Do				Zeit	Fr				Zeit	Sa				Zeit	So			
	Saal 1	Saal 2	Saal 3	Saal 4		Saal 1	Saal 2	Saal 3			Saal 1	Saal 2	Saal 3			Saal 1	Saal 2	Saal 3	
09:00					09:00				09:00					09:00					
09:30			Yoga		09:30				09:30					09:30					
10:00			VHS		10:00				10:00					10:00					
10:30			09:30-11:00		10:30				10:30					10:30					
11:00	Freies Training				11:00	Freies Training			11:00	Freies Training				11:00		Freies Training			
11:30					11:30				11:30					11:30					
12:00					12:00				12:00					12:00					
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14:00					14:00				14:00					14:00					
14:30					14:30				14:30					14:30					
15:00			Zumba Kids		15:00				15:00					15:00					
15:30			Yvonne		15:30				15:30					15:30					
16:00			15:00-16:00		16:00	Freies Training			16:00	Grp.training. n. Absprache A. Stölting				16:00		Freies Training			
16:30					16:30				16:30					16:30					
17:00					17:00				17:00					17:00					
17:30					17:30				17:30					17:30					
18:00	Std Training				18:00				18:00					18:00					
18:30	18:00-19:00				18:30				18:30					18:30					
19:00	Endrundentraining Standard & Latein Kevin & Tanja 19:00-21:00		Latein	Zumba	19:00			Freies Grp- Training 19:00-20:00	19:00	Freies Training				19:00					
19:30			Emi	Alexandra	19:30				19:30					19:30					
20:00			19:00-20:00	19:00-20:00	20:00				20:00					20:00					
20:30					20:30				20:30					20:30					
21:00					21:00				21:00					21:00					
21:30					21:30				21:30					21:30					
22:00					22:00				22:00					22:00					